



THE PARISH OF OUR LADY & ST. WULSTAN

WOOD STREET, SOUTHAM CV47 1PP

Parish Priest: Fr Arul Samy Deacon: Rev. Terry Hum (Rtd)

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The parish is part of the Archdiocese of Birmingham: Registered Charity No 234216



"My house shall be called a house of prayer"

Welcome to guests, visitors and parishioners. Please be sensitive to those who want to pray in silence before Mass.

Before Mass Talk to God. During Mass Listen to God. After Mass Talk to each other. "Reverence speaks louder than words!"



Masses / Services & Intentions - April 05 - 12, 2020

Sunday 5	<i>Palm Sunday of the Passion of the Lord</i>
10.00am	Ann-Marie Isaacs (Intentions)
Monday 6	<i>Monday of Holy Week</i>
9.15am	Margaret & Mick Gillard
Tuesday 7	<i>Tuesday of Holy Week</i>
9.15am	For Relief from Corona Pandemic
Wednesday 8	<i>Wednesday of Holy Week</i>
9.15am	Angela & Sarah Lyons (Intentions)
Thursday 9	<i>Thursday of Holy Week</i>
9.15am	<i>Office of Reading & Morning Prayer</i>
<u>THE SACRED PASCHAL TRIDUUM</u>	
7.00pm	Mass of the Lord's Supper
	Canon Peter Taylor RIP
Friday 10	<i>Good Friday</i> (Day of Fasting & Abstinence)
9.15am	<i>Office of Reading & Morning Prayer</i>
2.15pm	<i>Stations of the Cross</i>
3.00pm	Celebration of the Passion of the Lord
Saturday 11	Holy Saturday
9.15am	<i>Office of Reading & Morning Prayer</i>
8.00pm	Easter Vigil
	Canon Peter Taylor RIP
Sunday 12	<i>Solemnity of the Resurrection of the Lord</i>
	People of the Parish

Holy Week & Easter Triduum Celebrations

With the Mass on Palm Sunday we are entering the Holy Week. It commemorates the last week of the earthly life of Jesus Christ culminating in his crucifixion on Good Friday and his resurrection on Easter Sunday. Wish you all a prayerful and faith-filled Holy Week.

Although access to the Sacramental Confession is not possible this time for obvious reasons, yet making an 'Examination of Conscience' is encouraged.

The Triduum (Latin for "Three Days") is the name given to the three key days at the end of Holy Week and starts with the Evening Mass of the Lord's Supper on **Holy Thursday** and continues through **Good Friday** and **Holy Saturday** leading up to the celebration of the season of Easter with the **Easter Vigil** and **Easter Sunday**. *Please note that there is no concluding rite at the close of the first two services of the Triduum - emphasising the continuity of the three days.* Hope parishioners will take part in the celebrations on all these three days, through live-stream.

"Easter is the heart of the entire liturgical year and is not simply one feast among others. The Easter Triduum is celebrated over the arc of three days which is preceded by Lent and crowned by Pentecost and, therefore cannot be transferred to another time" (Congregation for Divine Worship and the Discipline of the Sacraments).

For obvious reasons, this year the liturgies of this Holy Week will be celebrated without the presence of the faithful. The times of the various liturgies of Holy Week are printed in this newsletter. List of churches live-streaming the liturgies are on the parish website. Please make use of them.

The clergy, and the faithful, are also asked to dedicate time for prayer during Holy Week, and in particular, the *Liturgy of the Hours* to sanctify this most precious time in the liturgical year. Celebrating the 'Liturgy of the Hours' during these days of shutdown can become the main staple of our Catholic liturgical life and spiritual nourishment. We can still feast liturgically on the Word of God.

Those who wish to celebrate the *Liturgy of the Hours*, please visit: <https://universalis.com> for assistance.

Easter Sunday is the first day of the new season of '**The Great Fifty Days**'.

Believing Christ died – that's history.

Believing Christ died for me – that's salvation.

Wish you all the graces and blessings of this Holy Season. – Fr. Arul

Maundy Thursday: Live-streaming facilities allow those at home a sense of watching and praying with the Lord. St Chad's Cathedral in Birmingham will be the focus of national coverage of Watching on Holy Thursday. To join in, please visit: www.stchadscathedral.org.uk

In response to the Corona virus pandemic, we have been asked by the Bishops' Conference **NOT** to have any **PUBLIC MASS OR CELEBRATION** from Friday 20th March and in compliance with the Government regulation the churches will remain **CLOSED** until further notice.

Because of this, the obligation for the faithful to attend Holy mass on a Sunday or Holy day of Obligation is removed, until further notice.

Please be assured that the priests continue to celebrate Mass in the church without the faithful on a daily basis, for your intentions and for the specific intentions already accepted. This ensures that people can join in 'spiritual communion' with the priests of the church.

Parishioners are also encouraged to take part in Mass online if possible and have 'Spiritual Communion'.

List of a few 'Live Streaming' Churches within Archdiocese of Birmingham and beyond, are available on our parish website. An extended list is also available at:

<https://www.churchservices.tv/whats-on-now/>

Pope's Prayer Intention for April - (Freedom from Addiction):

We pray that those suffering from addiction may be helped and accompanied.

RIP: The funeral of **Sr. Anne Robson PCJ**, a member of the Sisters of the Poor Child Jesus, who died on Sunday 22nd March in Coventry, aged 96, will take place on Monday at 2.30pm. As per the current restrictions in response to Corona virus pandemic, it will be a private graveside service. Please join in prayer. *May she and all the faithful departed, through the mercy of God, rest in peace. Amen.*

PRAYER TO THE HOLY SPIRIT FOR RENEWAL IN OUR PARISH

Father, pour out your Spirit upon your people, and grant us a new vision of your glory, a new experience of your power,
a new faithfulness to your Word,
and a new consecration to your service,
that your love may grow among us, and your kingdom come:
Through Christ our Lord. Amen.

Offertory Collection

Thank you very much for your on-going generosity and help for the upkeep of the Parish. During these difficult days of restricted movement, please take good care of yourselves. Thanks to all those who make your weekly / monthly offerings through direct debit. Hope these will continue unhindered. Those who use weekly gift aid / non-gift aid envelopes can still do so either by switching over to direct debit / bank transfer system or by keeping the envelopes safely with you until such time when restrictions are lifted. You may also drop them at the presbytery if it is safe and convenient for you to do so!

Telephone support: Some of our parishioners are supporting each other by telephone. Please phone 811703 (Shirley) or email (shirley@shirleyrush8.plus.com) if you want a chat or to receive calls or if you would like to join those who are calling others.

Rosary: The Parish Rosary group are continuing to pray the Rosary at 10am on Thursdays in their own homes, but connected spiritually. Please join if you can and would like to.

It is said that "worry is a conversation you have with yourself about things you cannot change. Prayer is a conversation you have with God about things He can change". With this in mind, the following prayers are given for parishioners to make use of them, especially during these days.

Act of Spiritual Communion

My Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace you as if you have already come and unite myself wholly to you. Never permit me to be separated from you. Amen. — St. Alphonsus Liguori

Trinitarian Prayer

Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly, and I offer You the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference with which He Himself is offended. And, through the infinite merits of His most Sacred Heart, and the Immaculate Heart of Mary, I beg of You the conversion of poor sinners.

(In August 1916, the Angel taught this prayer, to the three children at Fatima making them repeat it three times).

A Prayer during Corona-virus Pandemic

Jesus Christ, you travelled through towns and villages "curing every disease and illness." At your command, the sick were made well. Come to our aid now, in the midst of the global spread of the corona virus, that we may experience your healing love.

Heal those who are sick with the virus. May they regain their strength and health through quality medical care.

Heal us from our fear, which prevents nations from working together and neighbours from helping one another.

Heal us from our pride, which can make us claim invulnerability to a disease that knows no borders.

Jesus Christ, healer of all, stay by our side in this time of uncertainty and sorrow.

Be with those who have died from the virus. May they be at rest with you in your eternal peace.

Be with the families of those who are sick or have died. As they worry and grieve, defend them from illness and despair. May they know your peace.

Be with the doctors, nurses, researchers and all medical professionals who seek to heal and help those affected and who put themselves at risk in the process. May they know your protection and peace.

Be with the leaders of all nations. Give them the foresight to act with charity and true concern for the well-being of the people they are meant to serve. Give them the wisdom to invest in long-term solutions that will help prepare for or prevent future outbreaks. May they know your peace, as they work together to achieve it on earth.

Whether we are home or abroad, surrounded by many people suffering from this illness or only a few, Jesus Christ, stay with us as we endure and mourn, persist and prepare. In place of our anxiety, give us your peace.

Jesus Christ, heal us.

A Prayer for Time of Sickness (from the Roman Missal)

O God, who willed that our infirmities be borne by your Only Begotten Son to show the value of human suffering, listen in kindness to our prayers for our brothers and sisters who are sick; grant that all who are oppressed by pain, distress or other afflictions may know that they are chosen among those proclaimed blessed and are united to Christ in his suffering for the salvation of the world. Through Christ Our Lord, Amen.

For online prayer sources and related articles, please visit:
www.sacredspace.ie dominican-jubilee-rosary-meditations.pdf
<https://pray-as-you-go.org/retreat/pray-as-you-stay>
<https://www.godzdogz.op.org/godzdogz/do-you-think-this-means-that-everything-will-change>

Daily 'Holy Hour' (Live Stream): Corpus Christi parish of Headington, Oxford have 'Holy Hour' every day from 5.00pm - 6.00pm and this begins this with a reflection/talk/meditation on consecutive psalms which it is hoped will be helpful for a wide range of people.

The link is corpuschristiheadington.org.uk and then go to live streaming (MCN). Also available on FACEBOOK @copruschristiheadington

Children's Liturgy: Some useful links for children's liturgy and stations of the cross to encourage families to stay engaged with their faith at home.

<https://www.facebook.com/familyministrybrum>

Or <https://twitter.com/FamilyMinstry>

Pope Francis's prayer to Mary during corona virus pandemic
O Mary,

you always shine on our path

as a sign of salvation and of hope.

We entrust ourselves to you, Health of the Sick,

who at the cross took part in Jesus' pain, keeping your faith firm.

You, Salvation of the Roman People,

know what we need,

and we are sure you will provide

so that, as in Cana of Galilee,

we may return to joy and to feasting

after this time of trial.

Help us, Mother of Divine Love,

to conform to the will of the Father

and to do as we are told by Jesus,

who has taken upon himself our sufferings

and carried our sorrows

to lead us, through the cross,

to the joy of the resurrection. Amen.

Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin. Amen.

I don't know who wrote this, but it is beautiful (via WhatsApp).

Suddenly Disney is out of magic, Paris is no longer romantic, New York doesn't stand up anymore, the Chinese wall is no longer a fortress, and Mecca is empty.

Hugs & Kisses suddenly become weapons, and not visiting parents and friends becomes an act of love.

Suddenly you realise that power, beauty & money are worthless, and can't get you the oxygen you're fighting for.

The world continues its life and it is beautiful. It only puts humans in cages. I think it's sending us a message.

"You are not necessary. The air, earth, water and sky without you are fine. When you come back, remember that you are my guests. Not my masters."